

## 2009 STANFORD FEMALE SUMMER WATER POLO PROGRAM



The program: The Stanford Water Polo club is a coach-run United States Water Polo (USAWP) affiliated club. We sustain national prominence by developing novice through elite players. While we emphasize enjoyment of the sport, we also expect a high level of commitment and professionalism from all who are involved.

In our club, everyone plays the same system of water polo. Our philosophy is to have complete integration of all players based on a solid fundamental foundation from which players can move successfully to higher levels in the sport. Each group does the same workout with adjustments based on age and ability. Strict safety and conduct guidelines, structured training, and team-oriented focus lead to an environment where people learn and grow. In this context of strong leadership and discipline, water polo builds physical fitness, character, teamwork and responsibility.

### GENERAL INFORMATION

#### Stanford Coaching Staff:

John Tanner – Stanford University Head Women’s Water Polo Coach  
Susan Ortwein – Stanford University Assistant Women’s Water Polo Coach  
Kyle Utsumi – Stanford Club Assoc. Head Coach; USA Junior National Team Head Coach  
Ted Minnis – Castilleja Head Water Polo Coach, Pacific Zone Youth Team Coach  
Travis Wyckoff – Presentation HS Head Coach, Pacific Zone Junior Team Coach  
Jenny Booth – Former Menlo School Head Coach  
Cory Olcott - Palo Alto HS Head Coach  
Andy Sikic – Stanford Club Coach  
Keith Wilbur – Santa Clara University Head Coach  
Kelsey Holshouser & Kim Krueger – Stanford Univ players and Club Coaches  
Megan May – Stanford Alum. Stanford Club Coach  
Jenni Peters – Presentation Asst. Coach  
Julie Ross – Jr Polo (11/u) Head Coach

Dates: Workouts: May 18 – July 26, 2009.  
Jr polo begins June 1st.

Sign-Ups: First come first served basis. Your full payment is required with the application. Bring your form to the meeting Monday, May 4.

Mandatory First Meeting: **Monday, May 4, 2009, 7:00 pm.** The meeting will be at Stanford’s Athletic Dept in Kissick Auditorium (located in the Arrillaga Family Sports Center next to the Avery Aquatic Center). Every player and a parent MUST attend the first meeting. New information and team policies will be presented.

Refund Policy: There is a non-refundable fee of \$150. Refunds will only be available the first three weeks of the program.

USWP Registration: All athletes must be registered with USWP for 2009. You can register online and receive instant verification by going to [www.usawaterpolo.org](http://www.usawaterpolo.org). Click on “Join USA Water Polo” (on the left in red). Stanford Water Polo is Club #570 and in the Pacific Zone.

*New this year from USA Water Polo – If you plan on competing at the Junior Olympics and any Championships you must have a **Gold** membership.*

Website: [www.stanfordwaterpolo.com](http://www.stanfordwaterpolo.com)

Information as it becomes available will be posted here. Please check regularly.

FAQs: Common questions about club policies and traveling are on the website.

Questions ??? Contact Kyle Utsumi by email [kyle@stanfordwaterpolo.com](mailto:kyle@stanfordwaterpolo.com) or phone 650-207-3217

## COMPETITION INFORMATION

**Attendance Policy:** In order to compete in weekend tournaments, you must attend 75 % of workouts since the preceding tournament. In order to be considered for selection to any Junior Olympic (JOs), 20/U National, or National team, you must qualify for and attend any and all days of the qualifying tournament for that championship.

**Junior Olympics** We will attempt to qualify the following teams for JOs held at Stanford, CA., July 30-Aug 2.

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|-----------------------------------|-----------------------------------|
| 2 - 18s – (born in 1991 or later) | 2 - 14s – (born in 1995 or later) |
| 2 - 16s – (born in 1993 or later) | 1- 12s – (born in 1997 or later)  |

**Major Tournament Dates:** Final tournament schedule will be posted on the website.

June 12-14	16s JO Qualification Tournament (Fri-Sun)
June 19-21	14s & 18s JO Qualification Tournament (Fri-Sun)
June 26-28	20/U & Open Nat'l Qualifying
June 10-12	14A, 16A, 18A, US Club Championships in Santa Barbara (Fri-Sun) 14B (Sat & Sun), 18B (Fri-Sun) Sacramento Valley Invite
July 18-19	Sac Valley (16 A & B)
July 21-23	20/U Nationals (Stockton)
July 24-26	Sr. Nationals Open/College (Stockton)
July 30-Aug 2	Junior Olympics at Stanford

May 30 – Impact Session  
 May 31 – All team workout  
 June 4 – All Club BBQ

## WORKOUT GROUPS and DUES

**Groups will be based on age, ability and high school level.** Initial group assignments will be made by the coaching staff based primarily on the group descriptions below and the evaluation period will begin immediately.

**Evaluation of Players.** Players are evaluated every practice. *Any movement between groups will be decided solely by the coaching staff.* Criteria includes, but is not limited to, daily performance, attendance at workout and impact sessions, commitment, promptness and attentiveness, coachability and the ability to make adjustments during the first four weeks of workouts. Groups are subject to change at any time with final announcements of players moving groups, including those selected for the Elite team will be posted Sunday, June 14<sup>th</sup>, effective Monday, June 15<sup>th</sup>.

### AGE GROUPERS & HIGH SCHOOLERS

<u>Group</u>	<u>Age / Grade / Ability</u>	<u>May 18 – June 12</u> Mon-Thur except Age Group	<u>June 15-July 24</u> Except Jr Polo	<u>Dues</u>
Jr Polo	11/unders (born in '96 or later) <i>(Workouts will be Mon, Tue, Thur.)</i>		Evening TBD <b>June 1 start</b> Roble Pool (Stanford campus) Mon, Tue, Thur	TBD
Age Group	12-14 yr. olds (born '95-'96; or '97 with 1 yr exp.)	Tue, Thur & Fri 5:15-7:30 pm at Sacred Heart Prep	11:30 am-1:30 pm at Sacred Heart Prep (Mon thru Thur)	\$600
HS 1	Current freshmen; Regular season JV or Frosh/Soph players, 8 <sup>th</sup> graders born in 1994	4:45-6:45 pm at Palo Alto H.S.	4:15-6:30 pm at Stanford (Mon thru Thur)	\$620
HS 2	Regular season varsity players and freshmen by coaches' appointment ( <i>excludes JV players moved up for playoffs</i> )	6:30-8:30 pm at Palo Alto H.S.	TBD - could possibly change 6:00-8:00 AM at Palo Alto HS (Tue thru Fri)	\$620
HS 3 / Senior	College players and current seniors (and by coaches appointment)	6:15-8:30 pm at Stanford	6:00-8:00 AM at Palo Alto HS (Tue thru Fri)	\$700
Elite	By coaches appointment		6:00-8:30 AM at Stanford (Mon thru Thur)	\$775

- all times are subject to changes